



# Sports Nutrition in Sweden

October 2023

Table of Contents

## Sports Nutrition in Sweden - Category analysis

### KEY DATA FINDINGS

#### 2023 DEVELOPMENTS

Burgeoning gym culture boost sales of sports nutrition products  
Protein enters the mainstream  
E-commerce remains vitally important, due to popularity of bulk purchasing

#### PROSPECTS AND OPPORTUNITIES

Solid growth expected, thanks to health and wellness trends  
Growing demand for vegan offerings  
E-commerce will continue to grow, albeit to a lesser extent

#### CATEGORY DATA

Table 1 - Sales of Sports Nutrition by Category: Value 2018-2023  
Table 2 - Sales of Sports Nutrition by Category: % Value Growth 2018-2023  
Table 3 - NBO Company Shares of Sports Nutrition: % Value 2019-2023  
Table 4 - LBN Brand Shares of Sports Nutrition: % Value 2020-2023  
Table 5 - Forecast Sales of Sports Nutrition by Category: Value 2023-2028  
Table 6 - Forecast Sales of Sports Nutrition by Category: % Value Growth 2023-2028

## Consumer Health in Sweden - Industry Overview

### EXECUTIVE SUMMARY

Consumer health in 2023: The big picture  
2023 key trends  
Competitive landscape  
Retailing developments  
What next for consumer health?

### MARKET INDICATORS

Table 7 - Consumer Expenditure on Health Goods and Medical Services: Value 2018-2023  
Table 8 - Life Expectancy at Birth 2018-2023

### MARKET DATA

Table 9 - Sales of Consumer Health by Category: Value 2018-2023  
Table 10 - Sales of Consumer Health by Category: % Value Growth 2018-2023  
Table 11 - NBO Company Shares of Consumer Health: % Value 2019-2023  
Table 12 - LBN Brand Shares of Consumer Health: % Value 2020-2023  
Table 13 - Penetration of Private Label in Consumer Health by Category: % Value 2018-2023  
Table 14 - Distribution of Consumer Health by Format: % Value 2018-2023  
Table 15 - Distribution of Consumer Health by Format and Category: % Value 2023  
Table 16 - Forecast Sales of Consumer Health by Category: Value 2023-2028  
Table 17 - Forecast Sales of Consumer Health by Category: % Value Growth 2023-2028

### APPENDIX

OTC registration and classification  
Vitamins and dietary supplements registration and classification  
Self-medication/self-care and preventive medicine  
Switches

### DISCLAIMER

### DEFINITIONS

## SOURCES

### Summary 1 - Research Sources

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